

Trigonos Courses 2010 Booking Form

Course Title

Course Dates

Name.....

Address.....

.....

.....Postcode.....

Telephone.....

Email.....

Please book me:

..... residential place(s) (Circle as appropriate):

Twin @ **£ 285**

Single @ **£ 320**

Tick box for non-en-suite & deduct £10 per night.

..... non-residential place(s) @ **£185**

Please state **special dietary requirements** or other considerations (eg disabilities):

Tick box to be put in contact with other participants for the purpose of travel sharing.

I enclose a non-returnable deposit of **£50** per person.

The balance of the fee is due before departure. Cheques should be made payable to **TRIGONOS**. We regret we do not accept credit or debit cards or Eurocheques.

Where did you hear about this course?

Return booking form and deposit to:

Trigonos, Plas Baladeulyn, Nantlle, Caernarfon,
Gwynedd LL54 6BW